

Dr. Robert M. Battle, M.D.
Comprehensive Health Association
9910 Long Point Road
Houston, TX 77055

Dear Dr. Battle,

I enjoyed seeing you again, yesterday, to get your evaluation of the progress I am making on restoration of my health and life. I first met with you in early June of 2007 and brought you a list of health issues, not knowing what to expect in your approach to diagnosis and treatment. I must say...it has been an enlightening journey and a successful ten months. The reason I write this letter, which is long overdue, is to give you feedback on you, your staff and your medical approach for which I have gained much respect.

When I first met with you I brought a history of many health problems, which had been treated by traditional medical methods, with minimal success. I thought the most problematic issue for me was symptoms of Fibromyalgia (my Dad had suffered and was treated for this and arthritis for the last 25 years of his life), I had two prior surgeries for cervical bone spurs along with airborne allergies and a multitude of other nagging health issues. You patiently listened and went forward with your own discovery--thank you--concluding during the first week that my health problems were symptoms of an underlying problem resulting in a compromised immune system and an out-of-balance autonomic nervous system.

You quickly discovered that I had sensitivity to gluten, wheat, and dairy products. I have eliminated those foods and components from my diet for the past 10 months and have had a life changing experience. Your recommendation to remove metals from prior dental work, eliminate three wisdom teeth, and other medical procedures to cleanout this 65-year old body have also contributed to improved health. Your medical experience and knowledge of the human body is amazing! But even more impressive is your passion for improving the health of your patients, and your obvious compassion for your fellowman.

May I take this opportunity to tell you how competent, professional, trained, and courteous your staff is. Their attitude is certainly influenced by their leader but I must say that Roberto, Tamela, Linda and Becky represent you very well.

We still have work to do on my health, but I must brag on the fact that I have played four rounds of golf since the first of the year—the first golf I have played in almost 10 years (and without neck and shoulder pain).

Your approach to “comprehensive health” evaluations and diagnostics is so logical and thorough, I do not know why it is not utilized or supported more openly by other medical professionals, and recognized by the health/medical insurers. I have a Mechanical Engineering Degree from Texas Tech (1966) and I have utilized a similar educated and honed analytical thought process along with a common sense approach to build and maintain the infrastructure for SYSCO Corporation for its' first 36 years(over 33 million square feet of specialized buildings in over 200 locations across North America) . I retired a couple of years ago and now that I have my health under your and my (common sense and analytical) management, I look forward to my healthful decades ahead!

Thanks for being the honest, competent, knowledgeable, compassionate, and committed medical professional you are. I appreciate your counsel and friendship. Let's see, my next appointment with you is on April 29, 2008, 9:00 AM, see you then!

Warm personal regards,



Jack D. Carlson